

Help Hungry Kids

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Floris UMC's Help Hungry Kids ministry provides food for children who have little to eat over the weekend. Currently, we provide bags weekly to Hutchison and McNair Elementary. You can support this ministry on the first Sunday of every month by bringing to church a gallon-sized Ziploc bag filled with 10 "kid friendly" nutritious food items. Your donations are given to a school counselor who sends the food bag home in a child's backpack each Friday afternoon.

Bring the following food items to church on the first Sunday of the month in a gallon-sized Ziploc bag:

- 2 breakfast items (oatmeal, small cereal box, granola bar)
- 2 lunch items (cheese/crackers, cup of soup, peanut butter crackers)
- 2 dinner items (easy macaroni and cheese, beef ravioli, tuna, chicken)
- 2–3 snacks (applesauce, pudding, fruit cup, fruit snacks)
- 1 juice box

Helping Hungry Kids — Weekend Meal Suggestions

Breakfast



Drinks



Lunches / Dinners



Snacks

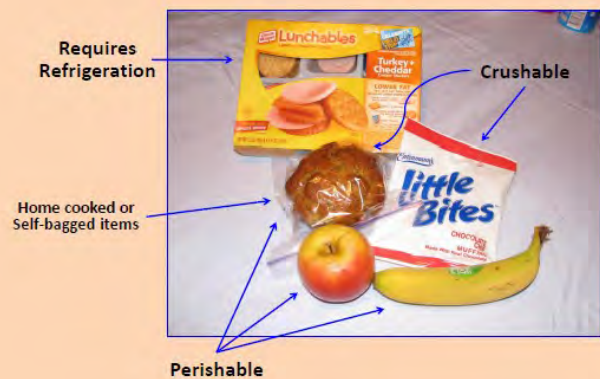


Completed Bags



Ziplock bags should seal easily with extra space at top.

Do not pack these...



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